

Employ the Military Police (MP) Straight Baton
191-376-5207

Conditions: You are performing law enforcement or security duties and wearing the appropriate gear according to the local or unit standing operating procedure (SOP). You encounter an aggressively resisting subject who threatens or attacks you by using his body or a rigid object.

Standards: Protect yourself using blocks, strikes, and jabs. Restrain the subject using the MP straight baton and applying an armlock. Use reasonable force to protect yourself and restrain the subject.

Performance Steps

1. Demonstrate the one-hand grip. Grasp the grip portion of the baton with your strong hand about 1 - 2 inches from the grip end. Your thumb and index finger should be touching each other (Figure 191-376-5207-1).



Figure 191-376-5207-1
One-Hand Grip

2. Demonstrate the two-handed grip.
 - a. Grasp the grip portion of the baton with your strong hand about 1 - 2 inches from the grip end. Your thumb and index finger should be touching each other.
 - b. Place your support hand palm down on the long portion between 2 inches and one hand's width from the long end. The support thumb and index finger should be touching each other.
3. Demonstrate the following carry positions:
 - a. Vertical carry position. Using the one-hand grip, hold your baton down and slightly out to the side of your strong leg, vertical to the ground. Raise your support hand chest high and place it in a good defensive position (Figure 191-376-5207-2).

Performance Steps

Figure 191-376-5207-2
Vertical Carry

- b. Outside-the-arm carry position. Using the one-hand grip, hold your baton on the outside of your strong upper arm, just below your strong shoulder, horizontal to the ground. Raise your support hand chest high and place it in a good defensive position (Figure 191-376-5207-3).



Figure 191-376-5207-3
Outside-the-Arm Carry

- c. Two-handed carry position. Using the one-hand grip, place your support hand on the long portion of your baton, about one hand width from the long end. Completely grip the long portion with your fingers, centering the baton on your midline at a 45-degree angle (Figure 191-376-5207-4).

Performance Steps



Figure 191-376-5207-4
Two-Handed Carry

4. Demonstrate the cross draw. As you draw the baton, be alert. Be ready to use your support hand to maintain balance, deflect a punch, push a subject away from you, or for a similar defensive purpose. You may gain additional time for drawing the baton into service by performing a pattern of movement to create distance between you and your attacker. As the baton is drawn from the holder, quickly assume one of the three available baton carry positions and be prepared to defend yourself.
5. Demonstrate the following blocks:
 - a. High block. Using the two-handed carry position, raise your baton up in front of your body until the long portion is above and in front of your forehead. Position your support hand, with fingers open, behind the long portion of the baton as you block the object (Figure 191-376-5207-5).



Figure 191-376-5207-5
High Block

Performance Steps

- b. Middle block. Using the two-handed carry position, move your baton to the middle of your body at a 45-degree angle. Keep the long portion pointing up and slightly forward of the grip portion that is pointing down. Position your support hand, with fingers open, behind the long portion of the baton as you block the object (Figure 191-376-5207-6).



Figure 191-376-5207-6
Middle Block

- c. Low block. Using the two-handed carry position, move your baton horizontally down in front of your body to just below your groin. Position your support hand, with fingers open, behind the long portion of the baton as you block the object (Figure 191-376-5207-7).



Figure 191-376-5207-7
Low Block

- d. Strong-side block. Using the two-handed carry position, move your baton vertically toward your strong side, keep the grip portion pointing straight down and the long portion pointing straight up. Position your support hand, with fingers open, behind the baton as you block the object (Figure 191-376-5207-8).

Performance Steps



Figure 191-376-5207-8
Strong-Side Block

6. Demonstrate the following strikes and jabs:
- a. Forward strike. Using a one-hand carry position, quickly move your baton across your body from your strong side to your support side. Keep your palm facing up as you deliver the counter-strike technique horizontally or downward diagonally (Figure 191-376-5207-9).



Figure 191-376-5207-9
Forward Strike

- b. Reverse strike. Using a one-hand carry position, quickly move your baton across your body from your support side to your strong side. Keep your palm facing down as you deliver the counter-strike technique horizontally or downward diagonally (Figure 191-376-5207-10).

Performance Steps



Figure 191-376-5207-10
Reverse Strike

- c. Front jab. Use the two-handed carry position to thrust the long end of your baton forward using both your strong and support hands. Thrust the baton forward horizontally and slightly downward (Figure 191-376-5207-11).



Figure 191-376-5207-11
Front Jab

- d. Rear jab. Use the two-handed carry position to quickly thrust the grip end of your baton to the rear using both your strong hand and your support hand. Thrust the baton rearward horizontally and slightly downward (Figure 191-376-5207-12).

Performance Steps



Figure 191-376-5207-12
Rear Jab

- e. Strong-side horizontal strike. Use the two-handed carry position to rotate your baton horizontally. Pull back with your support hand as your strong hand drives the grip portion or the grip end forward toward your target. Thrust the grip end or grip portion horizontally, while using both your hands and your strong-side hip to generate power (Figure 191-376-5207-13).



Figure 191-376-5207-13
Strong-Size Horizontal Strike

- f. Support-side horizontal strike. Use the two-handed carry position to rotate your baton horizontally. Pull back with your strong hand as your support hand drives the long portion or long end forward toward your target. Thrust the long end or long portion horizontally while using both your hands and your support-side hip to generate power (Figure 191-376-5207-14).

Performance Steps

Figure 191-376-5207-14
Support-Side Horizontal Strike

- g. Middle strike. Use the two-handed carry position to sharply thrust the long portion of your baton forward horizontally. Extend both of your arms at the conclusion of the forward thrust. Use your entire body to generate power (Figure 191-376-5207-15).



Figure 191-376-5207-15
Middle Strike

7. Demonstrate baton retention. Demonstrate baton retention when a person reaches for your baton while you are in a--

Performance Steps

- a. One-hand carry position. As the subject grips the long portion of your baton, quickly grab the long end with your support hand. Rotate your baton in a circular motion using both of your hands to the outside of the subject's gripping hand(s), forearm(s), or wrist(s). Simultaneously take a step to the outside of the subject's body. If one of the subject's hands is on the long end when you try to place your support hand there, grab the hand on the long end and continue as if it were the long end. Once the long portion is above the subject's hand(s), forearm(s), or wrist(s), drive the baton in a strong downward motion to completely separate the hold on your baton using your strength and body weight (Figure 191-376-5207-16).



Figure 191-376-5207-16
Baton Retentions

- b. Two-handed carry position. As the subject grips the long portion of your baton, quickly rotate your baton in a circular motion, placing both of your hands to the outside of the subject's gripping hand(s), forearm(s), or wrist(s). Simultaneously take a step to the outside of the subject's body. Once the long portion is above the subject's hand(s), forearm(s), or wrist(s), use your strength and your body weight to drive the baton in a strong downward motion to completely separate the hold.
8. Demonstrate the strong-side armlock for escort. Using the one-hand grip, place the long portion of the baton between the subject's upper arm and body that is straight across from your strong arm. Grasp the long end of the baton with your support hand. Place the grip portion on the subject's forearm, just above the wrist area. Apply pressure to the subject's forearm with your strong thumb. As your support hand pulls on the long portion, rotate the grip portion upward to complete the armlock by driving the subject's arm behind his back. Lock the subject's forearm down onto the long portion of the baton using your strong thumb throughout the armlock. Once the subject's arm is fully behind his back, place your support hand over the long portion. To maintain subject control, push down on the long portion with your support hand while lifting up in the opposite direction with your strong hand (Figures 191-376-5207-17 and 191-376-5207-18).

Performance Steps



Figure 191-376-5207-17
Strong-Side Armlock for Escort, Graphic 1



Figure 191-376-5207-18
Strong-Side Armlock for Escort, Graphic 2

9. Demonstrate the strong-side armlock for taking down and handcuffing.
 - a. Using the one-hand grip, place the long portion of the baton between the subject's upper arm and body that is straight across from your strong arm. Grasp the long end of the baton with your support hand. Place the grip portion of the baton on the subject's forearm, just above the wrist area. Apply pressure to the subject's forearm with your strong thumb. As your support hand pulls on the long portion, rotate the grip portion upward to complete the armlock by driving the subject's arm behind his back (Figure 191-376-5207-19).

Performance Steps



Figure 191-376-5207-19
Strong-Side Armlock for Taking Down and Handcuffing, Graphic 1

NOTE: It is important for control purposes that you lock the subject's forearm down onto the long portion of the baton, using your strong thumb throughout the armlock.

- b. Take the subject to the ground for handcuffing by gripping the long portion of the baton with your support hand and pushing the long end of the baton straight down while also pushing down with your strong hand. As the subject goes into a prone position, move to his side. From there, instruct the subject to turn his head away from you, then to place his other arm straight out from his body and on the ground (palm up, if possible). Use the armlock to assist the subject in moving his arm to the small of his back. Once there, place your support foot over and in front of the long portion of the baton, and draw back your support foot to again lock the armlock in place. You may now remove your support hand from the long portion. Use your strong knee to further stabilize the subject on the ground by either positioning your strong knee along the subject's side or by placing your strong knee on top of the subject's back. If the back position is used, don't apply any pressure to the subject's neck or spine (Figures 191-376-5207-20 and 191-376-5207-21).



Figure 191-376-5207-20
Strong-Side Armlock for Taking Down and Handcuffing, Graphic 2

Performance Steps



Figure 191-376-5207-21
Strong-Side Armlock for Taking Down and Handcuffing, Graphic 3

NOTE: For more details and illustrations, see "Monadnock Expandable Baton (MEB) Curriculum Handbook, Monadnock Police Training Council, Fitzwilliam, NH, 1999. <http://www.trainingcouncil.org>. Used by permission.

Evaluation Preparation: Setup: Evaluate this task by having the soldier demonstrate proficiency through hands-on testing in defensive tactics and subject control techniques.

Brief Soldier: Tell the soldier that he must correctly demonstrate the various methods for employing the MP straight baton.

Performance Measures	<u>GO</u>	<u>NO GO</u>
1. Demonstrated the one-hand grip.	—	—
2. Demonstrated the two-handed grip.	—	—
3. Demonstrated the following carry positions:	—	—
a. Vertical carry position.		
b. Outside-the-arm carry position.		
c. Two-handed carry position.		
4. Demonstrated the cross draw.	—	—
5. Demonstrated the following blocks:	—	—
a. High block.		
b. Middle block.		
c. Low block.		
d. Strong-side block.		
6. Demonstrated the following strikes and jabs:	—	—
a. Forward strike.		
b. Reverse strike.		
c. Front jab.		

